

# Understanding Roles of Religions in Indian Society

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**Abstract:** *The individuals, belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of religions. The overall living conditions of the individuals are centred on religions. The tasks and activities that are put into operation by the individuals in personal and professional lives are complicated and manageable. Furthermore, these are put into operation in less amount of time or can be more time-consuming, hence, the roles of religions are regarded to be indispensable in preparing the individuals in a satisfactory manner. The individuals in this manner are augmenting information in terms of norms and values. Furthermore, religions impart information to the individuals in differentiating between various types of appropriate and inappropriate factors. These are regarded as the key in putting into operation all types of tasks and activities in a well-organized and disciplined manner. Furthermore, individuals need to be well-informed in terms of traits of morality and ethics. The religions impart information in terms of these traits. In addition, these are regarded as the key in not only putting into operation job duties successfully, but also in developing mutual understanding with others. Therefore, it is of utmost significance for individuals to acquire an efficient understanding of roles of religions in Indian society. The main concepts that are taken into account in this research paper are, understanding the roles of religions in Indian society and advantages of acknowledging roles of religions in Indian society.*

**Keywords:** *Communities, Goals, Indian Society, Individuals, Job Duties, Religions, Roles*

## I. INTRODUCTION

India is a secular country. In all communities, throughout the country, individuals practice the religion of their own choice. The different religions that are prevalent throughout the country are, Hinduism, Sikhism, Christianity, Bahai, Jainism, Zoroastrianism, Buddhism and Islam. The individuals, belonging to all religious groups have different types of goals and objectives to achieve (Taylor, 2018, [3][6]). The main reason being, an aimless life is a meaningless life. Some of the goals and objectives of individuals are, acquisition of good-quality education; getting engaged in employment opportunities; enhancing career prospects; augmenting different types of skills and abilities; bringing about improvements in one's financial positions; promoting family and community well-being; promoting good health and well-being, physically and psychologically; aiming for affluence and prosperity;

promoting enrichment of overall personality traits and standards of living and emerging into moral and productive human beings. The possession of strong religious beliefs will be facilitating to the individuals in achievement of all types of goals and objectives in a positive manner. Therefore, it is comprehensively understood by the individuals that religion has an important role to play in bringing about improvements in overall quality of lives of individuals. The individuals, throughout their lives aspire to be successful in putting into operation different types of tasks and activities. These are in their personal and professional lives. These are complicated as well as manageable, these are implemented in less amount of time or can be more time-consuming and these are put into operation on one's own as well as through obtaining help and support from other individuals (Terrie, 2010, [4][9]). The possession of strong religious beliefs will be facilitating to the individuals in putting into operation different job duties in a successful manner. One of the important aspects is, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. As a consequence, they will render an important contribution in putting into operation different types of job duties in a successful manner. Hence, individuals reinforce the viewpoint that believing the Almighty will prove to be advantageous on a comprehensive basis. Therefore, possession of strong religious beliefs will be facilitating to the individuals in leading to up-gradation of overall personality traits and living conditions.

## A. Understanding the Roles of Religions in Indian Society

From the stage of early childhood, throughout the lives of the individuals, they are required to be well-aware in terms of the meaning and significance of religion. The individuals need to be well-informed in terms of the factor that possession of strong religious beliefs will be facilitating to the individuals in overcoming all types of setbacks and promoting well-being and goodwill (The Enabling Environment, 2018, [5][7][8]). The individuals have reinforced the viewpoint that obtaining blessings from Almighty will render an important contribution in leading to up-gradation of their overall personality traits and standards of living. The individuals, belonging to all age groups and occupations are required to be well-informed in terms of appropriate and inappropriate factors in their personal as well as professional lives. As a consequence of differentiating between appropriate and inappropriate factors, individuals will render an important contribution in putting into operation their tasks and activities successfully. In this manner, within and outside the homes, they will contribute efficiently in meeting the expectations of others.

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Hence, it is well-understood, possession of strong religious beliefs will be facilitating to the individuals in leading to up-gradation of overall personality traits and living conditions. Roles of religions in Indian society are stated as follows:

### B. Inculcating the Traits of Morality and Ethics

Throughout the lives of the individuals, belonging to all occupations are required to be well-aware in terms of traits of morality and ethics. These are required to be put into practice in putting into operation different types of job duties and dealing with others in personal and professional lives. The possession of strong religious beliefs will be facilitating to the individuals in acknowledging meaning and significance of traits of morality and ethics. One of the important aspects is, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner (Norms and Values, 2018, [2]). As a consequence, they will render an important contribution in meeting the expectations of others as well, including family members and individuals in leadership positions. Hence, individuals reinforce the viewpoint that traits of morality and ethics are facilitating in emerging into moral and ethical human beings and productive citizens of the country. In this manner, individuals will contribute efficiently in promoting well-being of not only themselves, but also family and community members. Therefore, inculcating the traits of morality and ethics is regarded as one of the indispensable roles of religions in Indian society.

### C. Implementing the Traits of Diligence, Resourcefulness and Conscientiousness

Religions impart information among individuals in terms of meaning and significance of traits of diligence, resourcefulness and conscientiousness. These are facilitating in putting into operation various types of tasks and activities in a well-ordered and satisfactory manner. In addition, the mind-sets of the individuals will be stimulated in doing well in one's job duties and responsibilities. As a consequence, individuals will render an important contribution in doing well in their job duties and achievement of desired goals and objectives. Furthermore, they will render an important contribution in meeting the expectations of others as well, including family members and individuals in leadership positions. One of the important aspects is, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. Furthermore, these will be prevented from giving rise to impediments within the course of generation of desired outcomes. These traits are facilitating to the individuals in overcoming sluggishness and indolence. As a consequence, individuals, belonging to all fields will contribute efficiently in leading to progression. Therefore, implementing the traits of diligence, resourcefulness and conscientiousness is one of the significant roles of religions in Indian society.

### D. Leading to Up-gradation of Motivation Levels

The job duties of the individuals are complicated as well as manageable, these are putting into operation in less amount of time or can be more time-consuming and these are put into operation on one's own as well as through obtaining help and support from other individuals. The

possession of religious beliefs enables the individuals in leading to up-gradation of motivation levels. As a consequence, the mind-sets of the individuals will be stimulated in doing well in one's job duties and generation of desired outcomes. One of the important aspects that needs to be taken into account is, the individuals are required to reinforce a constructive approach. In other words, they are required to form positive viewpoints in terms of job duties and individuals, whom one is communicating and working with. One of the important aspects is, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. Furthermore, these will be prevented from giving rise to impediments within the course of generation of desired outcomes. Therefore, leading to up-gradation of motivation levels is a renowned role of religions in Indian society.

### E. Forming Positive Viewpoints Regarding all Factors and Individuals

This is understood on a comprehensive basis that individuals are making selection of fields and occupations on the basis of their competencies and abilities. In order to be successful, they are required to form positive viewpoints. These will be facilitating in leading to up-gradation of concentration and motivation levels. These are the key in doing well in one's job duties, generating desired outcomes and meeting the expectations of individuals within as well as outside the homes. The individuals are required to form positive viewpoints in terms of all types of job duties and individuals, whom one is communicating and working with. As a consequence, the mind-sets of the individuals will be stimulated in doing well in one's job duties and achievement of desired goals and objectives. In addition, individuals will be able to cope with different types of problems and challenging situations in a satisfactory and well-ordered manner. Furthermore, these will be prevented from giving rise to impediments within the course of generation of desired outcomes. Therefore, forming positive viewpoints regarding all factors and individuals is a vital role of religions in Indian society.

## II. REINFORCING A CONSTRUCTIVE APPROACH

The individuals, belonging to all occupations and fields are required to reinforce a constructive approach. They reinforce this approach, when they are religious minded. This is primarily in terms of all types of job duties and individuals, whom one is communicating and working with. As a consequence, the mind-sets of the individuals will be stimulated in doing well in all types of job duties and achievement of desired goals and objectives. In addition, individuals will be able to cope with different types of problems and challenging situations in a satisfactory and well-ordered manner. As a consequence, well-being will be promoted of family and community members. Furthermore, these will be prevented from giving rise to impediments within the course of achievement of desired goals.

In order to be successful in all types of tasks and activities, they are required to form positive viewpoints. This will be facilitating in leading to up-gradation of concentration and motivation levels. These are the key in doing well in one's job duties, generating desired outcomes and meeting the expectations of individuals within personal and professional lives. Therefore, reinforcing a constructive approach is a crucial role of religions in Indian society.

#### A. Promoting Well-being and Goodwill of others

It is apparently understood that individuals work diligently in order to promote well-being and goodwill of oneself, but they need to promote well-being and goodwill of others as well. The other individuals include both family and community members. The individuals, belonging to all occupations and fields are required to be well-versed in terms of different types of job duties and methodologies to put these into practice. The methodologies are referred to the techniques, which are required to be put into operation in all types of job duties and responsibilities in a satisfactory manner. As a consequence of doing well in one's job duties, generating desired outcomes and meeting the expectations of individuals within personal and professional lives, individuals are contributing efficiently in promoting well-being and goodwill of others. As a consequence, individuals will acquire appreciation and reverence from others as well. In this manner, progressions take place of individuals as well as their family and community members. Furthermore, individuals will incur the feelings of pleasure and contentment and there will be peaceful resolution of conflicting situations. Therefore, promoting well-being and goodwill of others is a prominent role of religions in Indian society.

#### B. Achieving Success in all Tasks and Activities

The individuals are different from each other in terms of different factors, i.e. castes, creeds, races, religions, ethnicities, genders, age groups, cultures, occupations, educational qualifications, communities and socio-economic backgrounds. In spite of these differences, they have one of the common goals of achieving success in all tasks and activities. The research studies have indicated that when individuals are putting into operation different tasks and activities, i.e. going for job interviews, taking tests and exams and so forth, they pray to the Almighty. The reason being, they possess a strong religious belief that they will put into operation all tasks and activities successfully. Furthermore, it is of utmost significance to be well-versed in terms of all types of job duties and responsibilities. In addition, the possession of information in terms of different types of methodologies would be facilitating in generating desired outcomes. In addition, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. As a consequence, individuals will contribute efficiently in leading to progression. Therefore, achieving success in all tasks and activities is an essential role of religions in Indian society.

#### C. Organizing Marriage in an Efficacious Manner

Marriage is an important institution in the lives of individuals, belonging to all communities. Marriage is not a relationship between a man and woman, but between two families. Hence, one needs to make selection of families

with caution. When marriage is organized, individuals, belonging to both families aspire to put into operation all tasks and activities in a well-ordered and disciplined manner. The job duties may be complicated. Being overwhelmed by the social problems of poverty, illiteracy, unemployment and homelessness give rise to impediments within the course of organization of marriage ceremonies. Hence, worshipping the Almighty and possession of strong religious beliefs will be facilitating in organizing marriage ceremonies in a well-ordered manner. One of the important aspects that needs to be taken into account is, decisions made need to be wise and productive. The individuals, belonging to deprived, marginalized and economically weaker sections of the society are overwhelmed by the conditions of poverty. Hence, scarcity of financial resources is detrimental, but possession of strong religious beliefs will be facilitating in carrying out all types of tasks and activities successfully. Therefore, organizing marriage in an efficacious manner is a noteworthy role of religions in Indian society.

#### D. Developing Mutual Understanding with Family Members

The family is the first and foremost institution from where learning, growth and development of individuals take place. Hence, religion preaches that individuals are required to get engaged in those types of job duties, which are facilitating in promoting well-being and goodwill of family members. The individuals need to select the fields, which are suitable to their family members. In other words, one needs to abide by their expectations. In order to achieve success in all types of tasks and activities, the individuals are required to develop mutual understanding with family members. The possession of strong religious beliefs will be facilitating in developing mutual understanding with family members. The individuals generate information in terms of morals and ethics, which are facilitating in promoting family well-being. Furthermore, through augmenting of different types of skills and abilities, individuals are contributing in doing well in one's job duties and achieving desired goals. As a consequence, individuals will meet the expectations of family members. In this manner, they will contribute in forming cordial and amiable terms and relationships with family members. Therefore, developing mutual understanding with family members is a notable role of religions in Indian society.

### III. ACHIEVING DESIRED GOALS AND OBJECTIVES

The goals and objectives of individuals are, acquisition of good-quality education; getting engaged in employment opportunities; enhancing career prospects; making use of pioneering methods and materials; augmenting different types of skills and abilities; bringing about improvements in one's financial positions; promoting family and community well-being; promoting good health and well-being, physically and psychologically; aiming for affluence and prosperity; promoting enrichment of overall personality traits and standards of living and emerging into moral and productive human beings.



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The possession of strong religious beliefs will be facilitating to the individuals in achievement of all types of goals and objectives in a positive manner. One of the important aspects is, individuals will lead to up-gradation of confidence and motivation levels. As a consequence, they will overcome impediments and put into operation all types of tasks and activities in a successful manner. Hence, it is comprehensively understood by the individuals that possession of religious beliefs are considered as indispensable in achievement of desired goals and objectives. In addition, improvements are brought about in overall quality of lives of individuals. Therefore, achieving desired goals and objectives is a favourable role of religions in Indian society.

### A. Promoting Enrichment of overall Personality Traits

Promoting enrichment of overall personality traits is regarded as one of the major goals of individuals, belonging to all communities, occupations, categories and socio-economic backgrounds. The possession of strong religious beliefs will be facilitating to the individuals in augmenting information in terms of factors, which are facilitating in promoting enrichment of overall personality traits. Furthermore, individuals are augmenting information in terms of ways that are facilitating in the achievement of this goal. One of the important aspects is, individuals will put into operation all the factors in a positive manner. Having a pleasant personality and an approachable nature will be facilitating to the individuals as well as their family and community members. Within personal and professional lives, when individuals will contribute efficiently in promoting enrichment of overall personality traits, they will incur the feelings of pleasure and contentment. Furthermore, they will acquire appreciation and reverence from other individuals within as well as outside the homes. Appreciation and reverence are important traits, which individuals long for. For this purpose, they are required to prepare themselves in a well-organized manner. Therefore, promoting enrichment of overall personality traits is a useful role of religions in Indian society.

### B. Leading to Up-Gradation of overall Standards of Living

Leading to up-gradation of overall standards of living is regarded as one of the major goals of individuals, belonging to all communities, occupations, categories and socio-economic backgrounds. The possession of strong religious beliefs will be facilitating to the individuals in augmenting information in terms of factors, which are facilitating in the achievement of this goal. One of the important aspects is, individuals will reinforce a constructive approach. Furthermore, they are required to be well-informed in terms of all types of job duties and responsibilities in both personal and professional lives. Furthermore, generation of information regarding different types of pioneering methods and procedures will be facilitating in generation of desired outcomes. In addition, this will be facilitating in carrying out all types of tasks and functions in a satisfactory manner. Within personal and professional lives, when individuals will contribute efficiently in promoting enrichment of overall standards of living, they will incur the feelings of

pleasure and contentment. Furthermore, they will acquire appreciation and reverence from other individuals within as well as outside the homes. Therefore, leading to up-gradation of overall standards of living is an advantageous role of religions in Indian society.

### C. Advantages of Acknowledging Roles of Religions in Indian Society

From the stage of early childhood, throughout their lives, the individuals have strengthened this viewpoint that through acknowledging and understanding religion, they will render an important contribution in bringing about improvements in their overall quality of lives. The individuals make selection of the fields on the basis of their competencies, abilities and aptitude. In all fields, the individuals put in efforts to their best abilities in doing well in their job duties and achievement of desired goals. Hence, within personal and professional lives, the individuals are required to be well-informed in terms of importance of religion. In some of the communities, the individuals have reinforced this viewpoint that when they will be religious-minded. They will make visits to religious places and work towards promoting well-being and goodwill of community members, in this manner, they will render an important contribution in carrying out all types of tasks and activities successfully.

The individuals are putting emphasis on performing good deeds in order to promote well-being and goodwill of individuals within and outside the homes. Advantages of acknowledging roles of religions in Indian society are, forming an effective social circle; augmenting skills and abilities; carrying out job duties in a well-ordered manner; enhancing career prospects; promoting good health and well-being and coping with psychological problems in an effective manner. These are stated as follows:

### D. Forming an Effective Social Circle

Loneliness is regarded as one of the chronic and distressful conditions. It has unfavourable effects on the overall personality traits and living conditions of individuals (10 More Ideas to Help with Loneliness, 2020, [1][10]). Hence, throughout the lives of individuals, irrespective of communities, categories and socio-economic backgrounds need to form an effective social circle. The social circle of the individuals comprises of family members, relatives, friends, service providers, domestic helpers, neighbours, supervisors, educators, classmates, colleagues, and so forth. The religious beliefs impart information in terms of morals and ethics. As a consequence of reinforcing the traits of morality and ethics and treating others with respect and courtesy, individuals will render an important contribution in forming an effective social circle. When individuals make visits to religious places on regular basis, they reinforce their contacts. In other words, they are able to contribute efficiently in forming a circle of friends. During the time of festivals, when there are organization of functions and events, individuals in some cases actively participate and are able to establish linkages.

Therefore, forming an effective social circle is regarded as one of the indispensable advantages of acknowledging roles of religions in Indian society.

#### E. Augmenting Skills and Abilities

Throughout the lives of the individuals, they are required to augment different types of skills and abilities. These are, communication skills, decision-making skills, critical-thinking skills, analytical skills, problem-solving skills, time-management skills, personal skills, presentation skills, professional skills, leadership skills, negotiation skills, artistic skills, intellectual skills and public-speaking skills. On the other hand, abilities, which need to be honed are, management, administration, convincing, persuasion, controlling, organizing, directing, planning, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with different types of problems and challenging situations in a well-ordered manner and carrying out all types of tasks and activities in a satisfactory manner. The possession of religious beliefs develops motivation among individuals in augmenting different types of skills and abilities. The individuals are making use of these in their personal and professional lives. One of the important aspects that needs to be taken into account is, religion is facilitating in augmenting skills and abilities in a positive manner. Therefore, augmenting skills and abilities is one of the significant advantages of acknowledging roles of religions in Indian society.

#### F. Carrying out Job Duties in a Well-ordered Manner

It is of utmost significance for the individuals, belonging to all fields to be well-versed in terms of all types of job duties and responsibilities. In addition, the possession of information in terms of different types of methodologies and procedures would be facilitating in doing well in their job duties and generating desired outcomes. Within not only professional settings, i.e. educational institutions of all levels and various types of employment settings, but within homes as well, one needs to be well-informed. In addition, individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. As a consequence, individuals will contribute efficiently in leading to progression. The possession of religious beliefs develops motivation among individuals in putting into operation all types of job duties in a well-ordered manner. The main advantage is, individuals will prepare themselves adequately in doing well in one's job duties and generating desired outcomes. Furthermore, they will hone their confidence levels and overcome the feelings of apprehensiveness and vulnerability. Therefore, carrying out job duties in a well-ordered manner is a renowned advantage of acknowledging roles of religions in Indian society.

### IV. ENHANCING CAREER PROSPECTS

The individuals are putting emphasis on promoting enrichment of their career prospects. They make selection of different fields in accordance to their competencies, abilities and aptitude. These are, education, architecture, medical, health care, science, technology, engineering, journalism,

law and so forth. In all fields, the individuals are required to experience different types of dilemmas and challenging situations, but possession of religious beliefs develops motivation among individuals in coping with different types of problems. As a consequence, one will put into operation all types of job duties in a well-ordered manner. The main advantage is, individuals will prepare themselves adequately in doing well in one's job duties and generating desired outcomes. Furthermore, they will hone their confidence levels and overcome the feelings of apprehensiveness and vulnerability. As a consequence, they will contribute efficiently in meeting the expectations of educators and employers, hence, career prospects will be enhanced. In this manner, the individuals will contribute efficiently in bringing about transformations in their overall quality of lives. Therefore, enhancing career prospects is a prominent advantage of acknowledging roles of religions in Indian society.

#### A. Promoting good Health and Well-being

Promoting good health and well-being is regarded as one of the major goals of individuals. This needs to be promoted from physical as well as psychological perspectives. They are required to be well-equipped in terms of different types of measures, i.e. putting into operation communication processes in an effective manner; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; being well-informed in terms of job duties and responsibilities; being well-versed in terms of methodologies and procedures; forming cordial and amiable terms and relationships with others; promoting a normal mind-set; coping with psychological problems in an effective manner; putting in efforts to one's best abilities and possessing the abilities to work under stress. The possession of religious beliefs develops information among individuals in coping with different types of problems that have unfavourable effects on their health conditions. As a consequence, one will put into operation all types of job duties and responsibilities within and outside the homes in a well-ordered manner. Therefore, promoting good health and well-being is an essential advantage of acknowledging roles of religions in Indian society.

#### B. Coping with Psychological Problems in an Effective Manner

The occurrences of different types of psychological problems are regarded as an integral part of the personal and professional lives of the individuals. These are referred to anger, stress, anxiety, frustration and depression. The individuals experience these when they are putting into operation different job duties and when dealing with others. These are experienced in a major or minor form. The individuals are required to be well-versed in terms of different types of methodologies and procedures, which are facilitating in coping with different types of psychological problems in an effective manner. It is understood on a comprehensive basis that the health conditions of the individuals get affected, physically.

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Hence, in order to promote good health, physically and psychologically. The individuals are required to be well-versed in terms of decision-making, analytical, critical-thinking and problem-solving skills. These are facilitating in coping with psychological problems in an effective manner. As a consequence, individuals will contribute in putting in efforts to one's best in generating desired outcomes. In this manner, one will incur the feelings of pleasure and contentment. Therefore, coping with psychological problems in an effective manner is a noteworthy advantage of acknowledging roles of religions in Indian society.

## V. CONCLUSION

Throughout the country, individuals practice the religion of their own choice. Roles of religions in Indian society are, inculcating the traits of morality and ethics, implementing the traits of diligence, resourcefulness and conscientiousness, leading to up-gradation of motivation levels, forming positive viewpoints regarding all factors and individuals, reinforcing a constructive approach, promoting well-being and goodwill of others, achieving success in all tasks and activities, organizing marriage in an efficacious manner, developing mutual understanding with family members, achieving desired goals and objectives, promoting enrichment of overall personality traits and leading to up-gradation of overall standards of living. Advantages of acknowledging roles of religions in Indian society are, forming an effective social circle; augmenting skills and abilities; carrying out job duties in a well-ordered manner; enhancing career prospects; promoting good health and well-being and coping with psychological problems in an effective manner. Finally, it can be stated, all religions are facilitating in leading to progression.

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