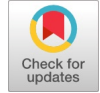


Understanding the Roles of Religions in Indian Society



Radhika Kapur

Abstract: *The individuals, belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of religions. The overall living conditions of the individuals are centred on religions. The tasks and activities that individuals undertake in their personal and professional lives are both complicated and manageable. Furthermore, these are put into operation in a shorter amount of time or can be more time-consuming; hence, the roles of religions are regarded as indispensable in preparing individuals satisfactorily. In this manner, individuals are augmenting information in terms of norms and values. Furthermore, religions impart information to individuals, helping them differentiate between various types of appropriate and inappropriate factors. These are regarded as the key to implementing all kinds of tasks and activities in a well-organised and disciplined manner. Furthermore, individuals need to be well-informed about the traits of morality and ethics. The religions impart information in terms of these traits. In addition, these are regarded as key not only in successfully executing job duties but also in developing mutual understanding with others. Therefore, it is of utmost significance for individuals to acquire a thorough understanding of the roles of religions in Indian society. The primary concepts examined in this research paper are the understanding of the roles of religions in Indian culture and the benefits of acknowledging these roles.*

Keywords: *Communities, Goals, Indian Society, Individuals, Job Duties, Religions, Roles*

I. INTRODUCTION

India is a secular country. In all communities, throughout the country, individuals practice the religion of their own choice. The different faiths prevalent throughout the country are Hinduism, Sikhism, Christianity, Baha'i, Jainism, Zoroastrianism, Buddhism, and Islam. The individuals, belonging to all religious groups, have different types of goals and objectives to achieve (Taylor, 2018, [3]). The main reason is that an aimless life is a meaningless life. Some of the goals and objectives of individuals are, acquisition of good-quality education; getting engaged in employment opportunities; enhancing career prospects; augmenting different types of skills and abilities; bringing about improvements in one's financial positions; promoting family and community well-being; promoting good health and well-being, physically and psychologically; aiming for affluence and prosperity;

Manuscript received on 15 February 2023 | Revised Manuscript received on 03 March 2022 | Manuscript Accepted on 15 March 2023 | Manuscript published on 30 December 2023.

* Correspondence Author (s)

Dr. Radhika Kapur*, Pedagogy and Organisational Culture in Nursery Schools, Delhi University, New Delhi, India. E-mail: radhikakapur2004@hotmail.com

© The Authors. Published by Lattice Science Publication (LSP). This is an open access article under the CC-BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>)

Promoting enrichment of overall personality traits and standards of living, and emerging into moral and productive human beings. The possession of strong religious beliefs will facilitate individuals in achieving all types of goals and objectives positively. Therefore, it is widely understood that religion plays a vital role in enhancing the overall quality of life. Throughout their lives, individuals strive to achieve success in various tasks and activities. These are in their personal and professional lives. These are complicated as well as manageable; these are implemented in a shorter amount of time or can be more time-consuming, and these are put into operation on one's own as well as through obtaining help and support from other individuals (Terrie, 2010, [4]). The possession of strong religious beliefs will facilitate individuals in successfully performing different job duties. One of the critical aspects is that individuals will be able to cope with other types of problems and challenging situations in a satisfactory manner. As a consequence, they will make a crucial contribution to the successful implementation of various job duties. Hence, individuals reinforce the viewpoint that believing in the Almighty will prove to be advantageous on a comprehensive basis. Therefore, possession of strong religious beliefs will facilitate the individuals in leading to the upgradation of overall personality traits and living conditions.

A. Understanding the Roles of Religions in Indian Society

From the stage of early childhood, throughout their lives, individuals are required to be well-aware of the meaning and significance of religion. The individuals need to be well-informed in terms of the factors that possession of strong religious beliefs will facilitate the individuals in overcoming all types of setbacks and promoting well-being and goodwill (The Enabling Environment, 2018, [5]). The individuals have reinforced the viewpoint that obtaining blessings from the Almighty will make a significant contribution to the improvement of their overall personality traits and standards of living. Individuals from all age groups and occupations are required to be well-informed about both appropriate and inappropriate factors in their personal and professional lives. As a consequence of differentiating between proper and improper factors, individuals will make a significant contribution to the successful implementation of their tasks and activities. In this manner, both within and outside the home, they will contribute efficiently to meeting the expectations of others.

Hence, it is well understood that possession of strong religious beliefs facilitates individuals in leading to the improvement of overall personality traits and living conditions. The roles of religions in Indian society are stated as follows:



B. Inculcating the Traits of Morality and Ethics

Throughout the lives of individuals from all occupations, it is essential to be aware of the traits of morality and ethics. These need to be put into practice by implementing different types of job duties and interacting with others in both personal and professional contexts. The possession of strong religious beliefs will facilitate individuals in acknowledging the meaning and significance of moral and ethical traits. One of the critical aspects is that individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner (Norms and Values, 2018, [2]). As a consequence, they will make an essential contribution to meeting the expectations of others, including family members and individuals in leadership positions. Hence, individuals reinforce the viewpoint that traits of morality and ethics facilitate the emergence of moral and ethical human beings and productive citizens of the country. In this manner, individuals will contribute efficiently to promoting the well-being of not only themselves, but also their family and community members. Therefore, inculcating moral and ethical traits is regarded as one of the indispensable roles of religions in Indian society.

C. Implementing the Traits of Diligence, Resourcefulness and Conscientiousness

Religions impart information among individuals in terms of the meaning and significance of traits of diligence, resourcefulness and conscientiousness. These facilitate the implementation of various types of tasks and activities in a well-ordered and satisfactory manner. Additionally, the mindsets of individuals will be stimulated to excel in their job duties and responsibilities. As a consequence, individuals will make an essential contribution to performing their job duties effectively and achieving the desired goals and objectives. Furthermore, they will make a significant contribution to meeting the expectations of others, including family members and individuals in leadership positions. One of the critical aspects is that individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. Furthermore, these will be prevented from hindering the generation of desired outcomes. These traits enable individuals to overcome sluggishness and indolence. As a consequence, individuals belonging to all fields will contribute efficiently to the progression. Therefore, implementing the traits of diligence, resourcefulness, and conscientiousness is one of the significant roles of religions in Indian society.

D. Leading to Up-gradation of Motivation Levels

The job duties of the individuals are both complicated and manageable. These are put into operation in a shorter amount of time, or can be more time-consuming. They are carried out either independently or with the help and support of other individuals. The possession of religious beliefs enables individuals to lead to an upgradation of motivation levels. As a consequence, the mindsets of individuals will be stimulated to perform well in their job duties and generate the desired outcomes. One of the crucial aspects that needs to be taken into account is that the individuals are required to reinforce a constructive approach. In other words, they

are necessary to form positive viewpoints regarding job duties and individuals with whom one is communicating and working. One of the critical aspects is that individuals will be able to cope with different types of problems and challenging situations in a satisfactory manner. Furthermore, these will be prevented from hindering the generation of desired outcomes. Therefore, the upgradation of motivation levels is a renowned role of religions in Indian society.

E. Forming Positive Viewpoints Regarding all Factors and Individuals

This is understood on a comprehensive basis that individuals make selections of fields and occupations based on their competencies and abilities. To be successful, they must form positive viewpoints. These will facilitate the upgradation of concentration and motivation levels. These are the keys to performing well in one's job duties, generating desired outcomes, and meeting the expectations of individuals within and outside the organisation. Individuals are required to form positive viewpoints regarding all types of job duties and the individuals with whom they communicate and work. As a consequence, the mindsets of individuals will be stimulated to excel in their job duties and achieve the desired goals and objectives. Additionally, individuals will be able to cope with various types of problems and challenging situations in a satisfactory and well-organised manner. Furthermore, these will be prevented from hindering the generation of desired outcomes. Therefore, forming positive viewpoints regarding all factors and individuals is a vital role of religions in Indian society.

II. REINFORCING A CONSTRUCTIVE APPROACH

Individuals from all occupations and fields are required to adopt a constructive approach. They reinforce this approach when they are religious-minded. This primarily refers to all types of job duties and the individuals with whom one communicates and works. As a consequence, the mindsets of the individuals will be stimulated in doing well in all types of job duties and the achievement of desired goals and objectives. Additionally, individuals will be able to cope with various kinds of problems and challenging situations in a satisfactory and well-organised manner. As a consequence, the well-being of family and community members will be promoted. Furthermore, these will be prevented from hindering the achievement of desired goals.

To be successful in all types of tasks and activities, it is essential to form positive viewpoints. This will facilitate the upgradation of concentration and motivation levels. These are the keys to performing well in one's job duties, generating desired outcomes, and meeting the expectations of individuals in both personal and professional life. Therefore, reinforcing a constructive approach is a crucial role of religions in Indian society.

A. Promoting Well-being and Goodwill of others

It is understood that individuals work diligently to promote their well-being and goodwill, but they also need



to promote the well-being and goodwill of others. The other individuals include both family and community members. Individuals from all occupations and fields are required to be well-versed in various types of job duties and methodologies to put these into practice effectively. The methods refer to the techniques that must be implemented in all job duties and responsibilities to ensure they are satisfactorily fulfilled. As a consequence of performing well in one's job duties, generating desired outcomes, and meeting the expectations of individuals in both personal and professional contexts, individuals contribute efficiently to promoting the well-being and goodwill of others. As a consequence, individuals will also gain appreciation and reverence from others. In this manner, progressions occur among individuals, as well as their family and community members. Furthermore, individuals will experience feelings of pleasure and contentment, and there will be a peaceful resolution of conflicting situations. Therefore, promoting the well-being and goodwill of others is a prominent role of religions in Indian society.

B. Achieving Success in all Tasks and Activities

Individuals differ from one another in various factors, including caste, creed, race, religion, ethnicity, gender, age group, culture, occupation, educational qualifications, community, and socio-economic background. Despite these differences, they share a common goal of achieving success in all tasks and activities. Research studies have indicated that when individuals are engaging in various tasks and activities, such as attending job interviews, taking tests and exams, and so forth, they pray to the Almighty. The reason is that they possess a strong religious belief that they will successfully implement all tasks and activities. Furthermore, it is of utmost significance to be well-versed in terms of all types of job duties and responsibilities. Additionally, possessing information on various methodologies would facilitate the generation of desired outcomes. Additionally, individuals will be able to cope with several types of problems and challenging situations in a satisfactory manner. As a consequence, individuals will contribute efficiently to the progression. Therefore, achieving success in all tasks and activities is an essential role of religions in Indian society.

C. Organising Marriage in an Efficacious Manner

Marriage is a vital institution in the lives of individuals, shared by all communities. Marriage is not a relationship between a man and woman, but between two families. Hence, one needs to make a selection of families with caution. When a marriage is organised, individuals from both families aspire to put into operation all tasks and activities in a well-ordered and disciplined manner. The job duties may be complicated. Being overwhelmed by the social problems of poverty, illiteracy, unemployment, and homelessness gives rise to impediments within the course of the organisation of marriage ceremonies. Hence, worshipping the Almighty and possessing strong religious beliefs will facilitate the organisation of marriage ceremonies in a well-ordered manner. One of the crucial aspects that needs to be taken into account is that the decisions made need to be wise and productive. The individuals belonging to deprived, marginalised, and economically weaker sections of society are overwhelmed

by the conditions of poverty. Hence, a scarcity of financial resources is detrimental; however, possessing strong religious beliefs can facilitate the successful completion of various tasks and activities. Therefore, organizing marriage in an efficacious manner is a noteworthy role of religions in Indian society.

D. Developing Mutual Understanding with Family Members

The family is the first and foremost institution where learning, growth and development of individuals take place. Hence, religion teaches that individuals are required to fulfil their job duties in a manner that promotes the well-being and goodwill of family members. Individuals need to select fields that are suitable for their family members. In other words, one needs to abide by their expectations. To achieve success in all types of tasks and activities, individuals are required to develop mutual understanding with family members. The possession of strong religious beliefs will facilitate the development of mutual understanding with family members. Individuals generate information in terms of morals and ethics, which facilitates the promotion of family well-being. Furthermore, by augmenting different types of skills and abilities, individuals are better equipped to perform their job duties effectively and achieve their desired goals. As a consequence, individuals will meet the expectations of family members. In this manner, they will contribute to forming cordial and amiable relationships with family members. Therefore, developing mutual understanding with family members is a notable role of religions in Indian society.

III. ACHIEVING DESIRED GOALS AND OBJECTIVES

The goals and objectives of individuals are, acquisition of good-quality education; getting engaged in employment opportunities; enhancing career prospects; making use of pioneering methods and materials; augmenting different types of skills and abilities; bringing about improvements in one's financial positions; promoting family and community well-being; promoting good health and well-being, physically and psychologically; aiming for affluence and prosperity; promoting enrichment of overall personality traits and standards of living and emerging into moral and productive human beings.

The possession of strong religious beliefs will facilitate individuals in achieving all types of goals and objectives positively. One of the critical aspects is that individuals will lead to an upgrade in confidence and motivation levels. As a consequence, they will overcome impediments and put into operation all types of tasks and activities in a successful manner. Hence, it is comprehensively understood by the individuals that possession of religious beliefs is considered indispensable in the achievement of desired goals and objectives. Additionally, improvements are made in the overall quality of life for individuals. Therefore, achieving desired goals and objectives is a favourable role of religions in Indian society.



A. Promoting Enrichment of Overall Personality Traits

Promoting the enrichment of overall personality traits is regarded as one of the primary goals of individuals from all communities, occupations, categories, and socio-economic backgrounds. The possession of strong religious beliefs will facilitate individuals in augmenting their understanding of factors that promote the enrichment of overall personality traits. Furthermore, individuals are augmenting information in ways that enable the achievement of this goal. One of the critical aspects is that individuals will put all the factors into operation in a positive manner. Having a pleasant personality and an approachable nature will be beneficial not only to individuals but also to their family and community members. Within personal and professional lives, when individuals contribute efficiently in promoting the enrichment of overall personality traits, they will experience feelings of pleasure and contentment. Furthermore, they will acquire appreciation and reverence from other individuals within and outside their homes. Appreciation and reverence are essential traits which individuals long for. For this purpose, they are required to prepare themselves in a well-organised manner. Therefore, promoting the enrichment of overall personality traits is a valuable role of religions in Indian society.

B. Leading to Up-Gradation of the overall Standards of Living

Leading to the upgradation of overall standards of living is regarded as one of the primary goals of individuals from all communities, occupations, categories, and socio-economic backgrounds. The possession of strong religious beliefs will facilitate individuals in gathering information on factors that contribute to achieving this goal. One of the critical aspects is that individuals will reinforce a constructive approach. Furthermore, they are required to be well-informed about all types of job duties and responsibilities, both in their personal and professional lives. Furthermore, the generation of information regarding various pioneering methods and procedures will facilitate the achievement of desired outcomes. Additionally, this will facilitate the completion of all tasks and functions satisfactorily. Within personal and professional lives, when individuals contribute efficiently in promoting the enrichment of overall standards of living, they will experience feelings of pleasure and contentment. Furthermore, they will acquire appreciation and reverence from other individuals within and outside their homes. Therefore, the leading role of religions in enhancing the overall standards of living is a beneficial aspect of their presence in Indian society.

C. Advantages of Acknowledging the Roles of Religions in Indian Society

From the stage of early childhood, throughout their lives, individuals have come to realise that acknowledging and understanding religion can significantly contribute to improving their overall quality of life. Individuals make a selection of fields based on their competencies, abilities, and aptitude. In all fields, individuals strive to put in their best efforts to excel in their job duties and achieve their desired

goals. Hence, within both personal and professional lives, individuals are required to be well-informed about the importance of religion. In some communities, individuals have reinforced the viewpoint that they will be more religious-minded. They will make visits to religious places and work towards promoting the well-being and goodwill of community members; in this manner, they will render an essential contribution in carrying out all types of tasks and activities successfully.

Individuals are emphasizing performing good deeds to promote the well-being and goodwill of individuals within and outside their homes. The advantages of acknowledging the roles of religions in Indian society include forming an effective social circle, augmenting skills and abilities, carrying out job duties in an organised manner, enhancing career prospects, promoting good health and well-being, and coping with psychological problems more effectively. These are stated as follows:

D. Forming an Effective Social Circle

Loneliness is regarded as one of the chronic and distressful conditions. It has unfavourable effects on the overall personality traits and living conditions of individuals (10 More Ideas to Help with Loneliness, 2020, [1]). Hence, throughout the lives of individuals, regardless of community, category, and socio-economic background, they need to form an effective social circle. The social circle of the individuals comprises family members, relatives, friends, service providers, domestic helpers, neighbours, supervisors, educators, classmates, colleagues, and so forth. The religious beliefs impart information in terms of morals and ethics. As a consequence of reinforcing moral and ethical traits and treating others with respect and courtesy, individuals can make a significant contribution to forming a cohesive and effective social circle. When individuals make regular visits to religious places, they reinforce their connections. In other words, they can contribute efficiently to creating a circle of friends. During the time of festivals, when there are organization of functions and events, individuals in some cases actively participate and can establish linkages.

Therefore, forming an effective social circle is regarded as one of the indispensable advantages of acknowledging the roles of religions in Indian society.

E. Augmenting Skills and Abilities

Throughout their lives, individuals are required to develop various types of skills and abilities. These are communication skills, decision-making skills, critical-thinking skills, analytical skills, problem-solving skills, time-management skills, personal skills, presentation skills, professional skills, leadership skills, negotiation skills, artistic skills, intellectual skills and public-speaking skills. On the other hand, abilities, which need to be honed are, management, administration, convincing, persuasion, controlling, organising, directing, planning, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, coping with different types of problems and challenging situations in a well-ordered manner and carrying out all kinds of tasks and activities in A satisfactory manner. The

possession of religious beliefs motivates individuals to develop various skills and abilities. These individuals are utilising them in both their personal and professional lives. One of the crucial aspects that needs to be taken into account is that religion can positively facilitate the augmentation of skills and abilities. Therefore, augmenting skills and abilities is one of the significant advantages of acknowledging the roles of religions in Indian society.

F. Carrying out Job Duties in a Well-ordered Manner

It is of utmost significance for individuals belonging to all fields to be well-versed in terms of all types of job duties and responsibilities. In addition, possessing knowledge of various methodologies and procedures would facilitate performing job duties effectively and generating the desired outcomes. Not only in professional settings, such as educational institutions of all levels and various types of employment settings, but also in homes, one needs to be well-informed. Additionally, individuals will be able to cope with various types of problems and challenging situations in a satisfactory manner. As a consequence, individuals will contribute efficiently to the progression. The possession of religious beliefs motivates individuals to perform all types of job duties in a well-ordered manner. The primary advantage is that individuals will be adequately prepared to excel in their job duties and achieve the desired outcomes. Furthermore, they will hone their confidence levels and overcome the feelings of apprehension and vulnerability. Therefore, carrying out job duties in a well-ordered manner is a renowned advantage of acknowledging the roles of religions in Indian society.

IV. ENHANCING CAREER PROSPECTS

Individuals are emphasising the importance of enriching their career prospects. They select different fields based on their competencies, abilities, and aptitude. These include education, architecture, medicine, healthcare, science, technology, engineering, journalism, law, and so forth. In all fields, individuals are required to encounter various types of dilemmas and challenging situations; however, the possession of religious beliefs can develop motivation among individuals in coping with other types of problems. As a consequence, one will put into operation all kinds of job duties in a well-ordered manner. The primary advantage is that individuals will be adequately prepared to excel in their job duties and achieve the desired outcomes. Furthermore, they will hone their confidence levels and overcome the feelings of apprehension and vulnerability. As a consequence, they will contribute efficiently in meeting the expectations of educators and employers; hence, career prospects will be enhanced. In this manner, individuals will contribute efficiently to improving their overall quality of life. Therefore, enhancing career prospects is a prominent advantage of acknowledging the roles of religions in Indian society.

A. Promoting good Health and Well-being

Promoting good health and well-being is regarded as one of the primary goals of individuals. This needs to be promoted from both physical and psychological

perspectives. They are required to be well-equipped in terms of different types of measures, i.e. effectively putting into operation communication processes; inculcating the traits of morality and ethics; implementing the qualities of diligence, resourcefulness and conscientiousness; being well-informed in terms of job duties and responsibilities; being well-versed in terms of methodologies and procedures; forming cordial and amiable terms and relationships with others; promoting a typical mind-set; coping with psychological problems effectively; putting in efforts to one's best abilities and possessing the capabilities to work under stress. The possession of religious beliefs helps individuals develop information to cope with various types of problems that have unfavourable effects on their health conditions. As a consequence, one will undertake all kinds of job duties and responsibilities within and outside the home in a well-ordered manner. Therefore, promoting good health and well-being is an essential advantage of acknowledging the roles of religions in Indian society.

B. Coping with Psychological Problems in an Effective Manner

The occurrence of different types of psychological problems is regarded as an integral part of the personal and professional lives of individuals. These are referred to as anger, stress, anxiety, frustration and depression. Individuals experience these when they are implementing different job duties and when interacting with others. These are experienced in a major or minor form. Individuals are required to be well-versed in various methodologies and procedures that facilitate effective coping with different kinds of psychological problems. It is understood on a comprehensive basis that the health conditions of individuals are affected physically.

Hence, to promote good health, physically and psychologically. Individuals are required to be well-versed in decision-making, analytical, critical thinking, and problem-solving skills. These facilitate effective coping with psychological problems. As a consequence, individuals will contribute in putting in efforts to one's best in generating desired outcomes. In this manner, one will incur feelings of pleasure and contentment. Therefore, coping with psychological problems effectively is a noteworthy advantage of acknowledging the roles of religions in Indian society.

V. CONCLUSION

Throughout the country, individuals practice the religion of their own choice. Roles of religions in Indian society are, inculcating the traits of morality and ethics, implementing the qualities of diligence, resourcefulness and conscientiousness, leading to up-gradation of motivation levels, forming positive viewpoints regarding all factors and individuals, reinforcing a constructive approach, promoting well-being and goodwill of others, achieving success in all tasks and activities, organizing marriage in an efficacious manner, developing mutual understanding with family members, achieving desired goals and objectives, promoting enrichment of overall personality traits and



Understanding Roles of Religions in Indian Society

leading to upgradation of overall standards of living. The advantages of acknowledging the roles of religions in Indian society include forming an effective social circle, augmenting skills and abilities, carrying out job duties in an organised manner, enhancing career prospects, promoting good health and well-being, and coping with psychological problems more effectively. Ultimately, it can be stated that all religions facilitate spiritual growth and progression.

DECLARATION STATEMENT

Funding	No, I did not receive.
Conflicts of Interest	No conflicts of interest to the best of my knowledge.
Ethical Approval and Consent to Participate	No, the article does not require ethical approval or consent to participate, as it presents evidence that is not subject to interpretation.
Availability of Data and Materials	Not relevant.
Authors Contributions	I am the sole author of this article.

REFERENCES

1. 10 More Ideas to Help with Loneliness. (2020). Retrieved October 17, 2023, from psychcentral.com
2. Norms and Values. (2018). Retrieved October 17, 2023, from tutor2u.net
3. Taylor, L. (2018). Housing and Health: An Overview of the Literature. Health Policy Brief. Retrieved October 17, 2023, from healthaffairs.org
4. Terrie, Y.C. (2010). The Impact of Stress on Health: Learning to Cope. Retrieved October 17, 2023, from pharmacytimes.com
5. The Enabling Environment. (2018). Global Water Partnership. Retrieved October 17, 2023, from gwp.org

AUTHOR PROFILE



Dr. Radhika Kapur, I am a graduate from Loreto Convent and hold a Bachelor of Arts degree in Sociology from Jesus and Mary College. Master's of Business Administration from YMCA, New Delhi. Ph.D. from Delhi University. I have 15 years of experience in research and writing. I have written more than 100 research papers. Currently, I work as a librarian at the Delhi School of Journalism, University of Delhi.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of the Lattice Science Publication (LSP)/ journal and/ or the editor(s). The Lattice Science Publication (LSP)/ journal and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.