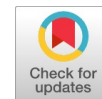


Understanding the Changes taking place in the Family System in Urban and Rural Communities

Radhika Kapur



Abstract: *With advancements taking place and with the advent of modernization and globalization, there are changes taking place within family system. The joint family gets disintegrated into nuclear families. The main reason being, individuals are moving out of their homes to other regions in order to promote enrichment of their career prospects. The research studies have indicated that greater percentage of individuals aspire to live their lives independently, when they aim to acquire good-quality education, get engaged in employment opportunities and get settled. In this manner, changes are taking place within family system. They migrate to other regions, when within the region of their residence, they are unable to acquire essential and useful opportunities. The individuals are migrating to foreign countries to enhance their living conditions in an effective manner. The individuals need to make sure, changes are apparent and are favourable to all members of the family. The individuals, belonging to all age groups are required to understand that they need to form cordial and amiable terms and relationships with family members. As a consequence, the changes will prove to be advantageous on a comprehensive basis. Therefore, it is well-understood, changes are taking place in the family system in urban and rural communities. The main concepts that are taken into account in this research paper are, understanding the importance of changes taking place within family system, factors influencing changes taking place within family system and advantages of changes taking place within family system.*

Keywords: *Changes, Communities, Effectiveness, Family System, Goals, Job Duties, Living Conditions*

I. INTRODUCTION

In India, individuals are residing in both urban and rural communities. The population that accounts for 70 percent resides in rural communities. In these communities, agriculture and farming practices are regarded as the primary occupations of the individuals. Furthermore, they are living their lives with the primary goal of sustaining their living conditions in an effective manner. The individuals reside in both joint and nuclear families. (Airaksinen, n.d., [1][10]). The joint families are comprising of two or more nuclear families residing under the common roof. These comprise of grandparents, parents, aunts, uncles, nephews, nieces, cousins, in-laws, children and siblings. On the other hand, nuclear families comprise of husband, wife and their unmarried children.

The family structure has undergone transformations due to industrialization, urbanization, migration and revolution in the field of transport and communications, increasing influence of the state and the influence of the individualization philosophy of life. The changes have been rapid in some parts of the world. Therefore, it is understood on a comprehensive basis that changes are taking place in the family system in not only India, but in other countries of the world. With the advent of modernization and globalization, there have been changes taking place in the family system. The individuals, belonging to all communities, categories and socio-economic backgrounds have one of the primary goals of promoting enrichment of their overall standards of living. When individuals are wholeheartedly committed towards achievement of desired goals and objectives in personal and professional lives, they are required to form cordial and amiable terms and relationships with family members (Butts, n.d., [2]). One of the important aspects that needs to be taken into account is, individuals are migrating to other regions to enhance their career prospects. They are getting enrolled in educational institutions of all levels to acquire education. Furthermore, they are getting engaged in different types of employment opportunities. In this manner, they are rendering an important contribution in enhancing their career prospects. The disintegration of family takes place, when the individuals are migrating to other regions to promote better livelihoods opportunities.

A. Understanding the Importance of Changes Taking Place Within Family System

The individuals are bringing about changes in their viewpoints and perspectives. Bringing about improvements in one's personality traits and standards of living is regarded as one of the primary goals of individuals, irrespective of their occupations, communities, categories and socio-economic backgrounds. Hence, the individuals are required to be wholeheartedly committed towards achievement of different types of goals and objectives. When within the region of their residence, individuals do not acquire employment opportunities and opportunities to enhance their career prospects, hence, they are required to migrate to other regions. They form the viewpoint that within other regions, they will acquire good-quality education and get engaged in different types of employment opportunities, in accordance to their competencies, abilities and aptitude.

Furthermore, in some cases, especially within rural communities, when individuals feel that their family members are not able to provide them with opportunities to excel in their lives, they tend to leave their homes and migrate to other regions, where opportunities to excel are more.

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Hence, it is well-understood, as a consequence of bringing about changes in the viewpoints and perspectives of individuals, the changes are taking place within the family system. The individuals in some cases make their decisions on their own. Therefore, an understanding of the importance of changes taking place within family system is acquired, when it is facilitating in leading to progression of individuals.

Throughout the lives of the individuals, irrespective of their communities, categories and socio-economic backgrounds, they need to augment their information in terms of various factors. These are put into operation within personal and professional lives of the individuals. In bringing about developments in one's personality traits, there are number of factors that need to be taken into account, i.e. being well-versed in terms of job duties and responsibilities; being well-equipped in terms of pioneering methodologies and materials; coping with psychological problems of anger, stress, anxiety, frustration and depression in an adequate manner; augmenting skills and abilities; promoting a normal mind-set; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; possessing an approachable nature and an amiable attitude; forming an effective social circle; depicting the traits of helpfulness and co-operation; reinforcing the traits of honesty, efficiency and truthfulness and coping with various types of dilemmas and challenging situations in a satisfactory manner.

The acknowledgement and reinforcement of all these factors are facilitating in leading to progression of individuals. As a consequence, there will be transformations taking place in the viewpoints and perspectives of individuals. One of the important aspects that all individuals are required to take into account is, forming positive viewpoints in terms of all factors. Furthermore, they are required to form cordial and pleasant terms and relationships with other individuals. The differences are experienced in the conduct and job duties of the individuals. In bringing about improvements in their living conditions, they are moving to other regions. In this manner, they are playing an important part in bringing about changes in the family system. Therefore, one is able to acquire an understanding of importance of changes taking place within family system, when they are generating information in terms of all these factors. Leading to up-gradation of overall standards of living is the primary objective of individuals. The individuals are putting into operation different types of tasks and activities within personal and professional lives, so they are able to achieve this goal in an adequate manner. The individuals formulate this objective throughout their lives. Hence, they need to be well-prepared in order to achieve this objective. As a consequence of changes taking place within family system, the individuals are augmenting information in terms of different types of methodologies and procedures, which are facilitating in carrying out different types of tasks and activities satisfactorily. These are in personal and professional lives of the individuals. Through honing communication skills and interactive abilities with family members, individuals are augmenting information in terms of different types of methodologies and strategies.

These are required to be put into operation in doing well in one's job duties and generating desired outcomes. Within as well as outside the homes, these need to be put into operation in a positive manner. Furthermore, individuals will contribute efficiently in meeting the expectations of family members. Hence, due to changes, individuals will be able to overcome all types of setbacks in a successful manner. Furthermore, these will be prevented from giving rise to impediments within the course of generating desired outcomes. Therefore, individuals are able to acquire an efficient understanding of importance of changes taking place within family system, when they are contributing professionally in leading to up-gradation of overall standards of living.

B. Factors Influencing Changes Taking Place Within Family System

An aimless life is regarded as the meaningless life. It is well-understood that individuals, belonging to all communities, categories and socio-economic backgrounds have different types of goals and objectives to achieve (Code of Professional Ethics, 1999, [3]). Some of these are, acquisition of good-quality education; getting engaged in employment opportunities; enhancing career prospects; forming cordial and amiable terms and relationships with others; augmenting different types of skills and abilities; coping with different types of dilemmas in an adequate manner; promoting good health and well-being, physically and psychologically; coping with different types of dilemmas and challenging situations in a satisfactory manner; forming cordial and amiable terms and relationships with others; leading to up-gradation of one's personality traits and bringing about improvements in one's overall standards of living. The changes take place in the family system, when individuals are wholeheartedly committed towards achievement of desired goals and objectives. Therefore, it is necessary to acquire an efficient understanding of all types of factors that are influencing changes that are taking place in the family system. These are stated as follows:

C. Disintegration of Joint Family into Nuclear Family

The individuals, belonging to all communities, categories and socio-economic backgrounds have one of the primary goals of promoting enrichment of their overall standards of living. When individuals are wholeheartedly committed towards achievement of desired goals and objectives in personal and professional lives, they are required to get engaged in number of job duties, which compel them to transfer at a distance from their families. One of the important aspects that needs to be taken into account is, individuals are migrating to other regions to promote enrichment of their career prospects.

They are getting enrolled in educational institutions of all levels to acquire education. Furthermore, they are getting engaged in different types of employment opportunities.



In this manner, they are rendering an important contribution in enhancing their career prospects. When individuals feel that they do not have much opportunities in their local region for their progression, they migrate to other regions. The disintegration of family takes place, when the individuals are migrating to other regions to promote better livelihoods opportunities. Therefore, disintegration of joint family into nuclear family is regarded as one of the indispensable factors influencing changes taking place within family system.

II. FACTORY EMPLOYMENT

Acquisition of employment opportunities is regarded as one of the primary goals of individuals, irrespective of their occupations, communities, categories and socio-economic backgrounds. It is likely possible that within the local region, individuals do not acquire employment opportunities, hence, they are required to migrate to other regions. The individuals, belonging to deprived, marginalized and economically weaker sections of the society are the ones, who get engaged in factory employment. The employment opportunities are attained by the individuals within coal mines, plantations, lock industries, and other factories, which are engaged in the production of diamonds, garments, beedi rolling, silk weaving and so forth. When the individuals are to acquire employment opportunities in all types of industries and factories, in most cases, they transfer at a distance from their families to other places. In this manner, the individuals are rendering an important contribution in bringing about changes within families. The changes take place, when they are not only transferring at a distance, but also individuals are bringing about improvements in their financial positions and living conditions. Therefore, factory employment is one of the significant factors influencing changes taking place within family system.

A. Changes in the Viewpoints

The individuals are bringing about changes in their viewpoints. Bringing about improvements in one's personality traits and standards of living is regarded as one of the primary goals of individuals, irrespective of their occupations, communities, categories and socio-economic backgrounds. When within the region of their residence, individuals do not acquire employment opportunities and opportunities to enhance their career prospects, hence, they are required to migrate to other regions. They form the viewpoint that within other regions, they will acquire good-quality education and get engaged in different types of jobs, in accordance to their competencies, abilities and aptitude. Furthermore, in some cases, especially within rural communities, when individuals feel that their family members are not able to provide them with opportunities to excel in their lives, they tend to leave their homes and migrate to other regions, where opportunities are more. Hence, it is well-understood, as a consequence of bringing about changes in the viewpoints and perspectives of individuals, the changes are taking place within the family system. The individuals in some cases make their decisions on their own. Therefore, changes in the viewpoints are an expedient factor influencing changes taking place within family system.

B. Modernization and Globalization

With the advent of modernization and globalization, there have been changes taking place in the family system. The individuals, belonging to all communities, categories and socio-economic backgrounds have one of the primary goals of promoting enrichment of their overall standards of living. When individuals are wholeheartedly committed towards achievement of desired goals and objectives in personal and professional lives, they are required to be well-informed in terms of various factors. The individuals are required to implement modern, scientific and innovative methods and materials. Hence, when individuals are getting engaged in other tasks and utilizing modern, scientific and innovative methods and materials, changes are taking place within family system. When the parents are engaged in other job duties and children are getting engaged in different types of job duties, changes have taken place within the family system. One of the important aspects is, it is vital to develop mutual understanding with family members. Furthermore, it is necessary to ensure, the tasks and activities of individuals are generating the feelings of pleasure and contentment among family members. Therefore, modernization and globalization is an eminent factor influencing changes taking place within family system.

C. Utilization of Technologies

With advancements taking place and with the advent of technologies, it is necessary to make use of various types of technologies in putting into operation different tasks and activities. The individuals, belonging to all types of occupations and age groups are making use of technologies in putting into operation different tasks and activities. These include, augmenting information in terms of various factors; putting into operation communication processes in a verbal and written form; leisure and recreation purposes and carrying out different types of job duties and responsibilities. Hence, when individuals are getting engaged in other tasks and utilizing different types of pioneering methods and materials, changes are taking place within family system. When the parents are engaged in other types of job duties and children are getting engaged in different types of job duties, changes have taken place within the family system. One of the important aspects is, it is vital to develop mutual understanding with family members. Furthermore, it is necessary to ensure, the job duties of individuals are generating the feelings of pleasure and contentment among family members. Therefore, utilization of technologies is a renowned factor influencing changes taking place within family system.

D. Improvements in Communication Processes

The communication processes are regarded as the key that need to take place in an efficient manner. The verbal communication takes place face to face or through utilization of various types of technologies, whereas, written communication takes place through exchanging messages and emails.

The individuals, belonging to all communities, categories and socio-economic backgrounds are putting into operation communication processes in a verbal and written form. The individuals, belonging to rural and tribal communities are also putting into operation communication processes in a verbal and written form, through utilization of technologies.

This is facilitating in augmenting knowledge and understanding in terms of various factors, exchanging different types of ideas and viewpoints, obtaining answers to all types of questions and clarifying their doubts in terms of different subjects and concepts. One of the important aspects that needs to be taken into account is, all individuals are required to be well-informed in terms of communication ethics. Hence, it is understood on a comprehensive basis that improvements in communication processes is a measure, which is bringing about changes within the family system. Therefore, improvements in communication processes are a vital factor influencing changes taking place within family system.

III. PERSONALITY DEVELOPMENT

In bringing about developments in one's personality traits, there are number of factors that need to be taken into account, i.e. managing body weight; coping with different types of health problems and illnesses; coping with psychological problems in an adequate manner; promoting a normal mind-set; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; possessing an approachable nature and an amiable attitude; forming an effective social circle; depicting the traits of helpfulness and co-operation; reinforcing the traits of honesty, efficiency and truthfulness and coping with various types of dilemmas and challenging situations in a satisfactory manner.

The acknowledgement and reinforcement of all these factors are facilitating in promoting enrichment of one's personalities. As a consequence, there will be transformations taking place in the viewpoints and perspectives of individuals. The differences are experienced in the conduct and job duties of the individuals. In bringing about improvements in their living conditions, they are moving to other regions. In this manner, they are playing an important part in bringing about changes in the family system. Therefore, personality development is a crucial factor influencing changes taking place within family system.

A. Changes in Marriage Systems

Within the country, the changes are taking place in the marriage systems. In ancient India, there has been prevalence of the custom of child marriage. Child marriage is when marriage takes place of both girls and boys, when they are below 18 years of age. In the present existence, with advancements taking place and with the advent of modernization, the minimum age of marriage of girls is 18 years, whereas, for boys is 21 years. Due to this change, there have been changes taking place in the family structure.

The girls and boys, belonging to both urban and rural communities are provided with the opportunities to promote enrichment of their overall living conditions. In this manner,

women are acquiring empowerment opportunities. They are provided with the opportunities to bring about improvements in their personality traits and overall standards of living. Hence, they prefer to get settled, after they have completed their education and are engaged in employment opportunities suitable to them. As a consequence, there have been changes taking place within the family system. Therefore, changes in marriage systems are an essential factor influencing changes taking place within family system.

B. Legislative Measures

The legislative measures have an impact on the family system. Under the Child Marriage Restraint Act, 1929, there is prohibition of early marriage and the minimum age of marriage has been fixed. Under the Hindu Marriage Act of 1955, the period of education has been extended. The freedom of selecting the matches and marriage in any other caste or religious group without the consent of parents after a certain age is permitted through by the Special Marriage Act of 1954. Other acts, such as, Widow Remarriage Act of 1856, Hindu Marriage Act, 1955 and Hindu Succession Act, 1956, all have modified inter-personal relationships within the family, the composition of the family and stability of joint family. As a consequence of formulation of these acts within the Indian society, the individuals are contributing efficiently in bringing about changes within the family structure. Emphasis is put upon the aspect that individuals should be provided with the opportunities to acquire education and get engaged in employment opportunities, suitable to them. Hence, changes are taking place in the family system. Therefore, legislative measures are a useful factor influencing changes taking place within family system.

C. Enhancement of Career Prospects

Enhancement of career prospects is regarded as one of the primary goals of all individuals, irrespective of their communities, categories, occupations and socio-economic backgrounds. When individuals are wholeheartedly committed towards achievement of desired goals and objectives in personal and professional lives, they are required to get engaged in number of job duties, which compel them to transfer at a distance place, region or country. Hence, they live at a distance from their families. One of the important aspects that needs to be taken into account is, individuals are migrating to other regions to promote enrichment of their career prospects. They are getting enrolled in educational institutions of all levels to acquire education. Furthermore, they are getting engaged in different types of employment opportunities. The individuals ensure, employment opportunities are suitable to their educational qualifications, skills and abilities. In this manner, they are rendering an important contribution in enhancing their career prospects. When individuals feel that they do not have many opportunities in their local region for their progression, they migrate to other regions. As a consequence, changes take place within family structure. Therefore, enhancement of career prospects is a notable factor influencing changes taking place within family system.



D. Advantages of Changes Taking Place within Family System

The population of India is residing in both urban and rural communities. In all communities, family system is undergoing transformations. The individuals do have traditional viewpoints and perspectives, but with the advent of modernization, the individuals are augmenting their information in terms of modern techniques and enriching their lives (Periera, Martins, Martins, & Willians, 2009, [5][6][7]). The changes that are taking place within family system are proving to be advantageous on a comprehensive basis. The individuals are required to make sure, when they are bringing about changes within family system, they are putting into operation all tasks and activities in a positive manner. As a consequence, changes prove to be advantageous. Advantages of changes taking place within family system are, reinforcement of cordiality and amiability in terms and relationships; leading to up-gradation of motivation and concentration levels; coping with various types of dilemmas and challenging situations in an adequate manner; leading to up-gradation of competencies and abilities and promoting enhancement of overall standards of living. These are stated as follows:

E. Reinforcement of Cordiality and Amiability in Terms and Relationships

As a consequence of changes taking place within the family system due to various factors, cordiality and amiability are reinforced in terms and relationships. When individuals are wholeheartedly committed towards achievement of desired goals and objectives in personal and professional lives, they are required to be well-informed in terms of various factors. Hence, putting into operation effective communication processes will be facilitating in augmenting information in terms of different types of subjects and concepts. Furthermore, through communicating with family members, individuals contribute efficiently in generating information regarding traits of morality, ethics, diligence and conscientiousness. Hence, when individuals will hone their listening skills, they will contribute efficiently in developing mutual understanding with family members (Mishra, & Sharma, 2010, [4][8][9]). The family members incur the feelings of pleasure and contentment, when they feel their family members are carrying out job duties in accordance to their expectations. Hence, they form cordial and amiable terms and relationships with each other. Therefore, reinforcement of cordiality and amiability in terms and relationships is regarded as one of the indispensable advantages of changes taking place within family system.

F. Leading to Up-gradation of Motivation and Concentration Levels

Leading to up-gradation of motivation and concentration levels is regarded as one of the vital aspects that would facilitate implementation of job duties in a well-ordered manner. As a consequence, the mind-sets of the individuals would be stimulated in doing well in one's job duties and generating desired outcomes. It is apparently understood that in order to carry out job duties efficiently, it is necessary to be well-versed in terms of methods and procedures. Due to changes taking place in the family system, the individuals are making use of various types of

pioneering methods and materials. In this manner, motivation and concentration levels will be honed. As a consequence, individuals will contribute efficiently in doing well in one's job duties and generating desired outcomes. In this manner, they will render an important contribution in meeting the expectations of family members. Hence, due to changes, individuals become more enthusiastic in achieving desired goals and objectives within personal as well as professional lives. Therefore, leading to up-gradation of motivation and concentration levels is one of the significant advantages of changes taking place within family system.

G. Coping with Various Types of Dilemmas and Challenging Situations in an Adequate Manner

The occurrences of various types of dilemmas and challenging situations are regarded as an integral part of the personal and professional lives of the individuals. The various factors in terms of which these take place are, job duties, responsibilities, methods, procedures, techniques, work pressure, lack of implementation of time-management skills, unawareness in terms of various factors and so forth. As a consequence of changes taking place within family system, the individuals are augmenting information in terms of problem-solving skills. These are the skills that are facilitating in coping with different types of dilemmas and challenging situations in an adequate manner. Through honing communication skills and interactive abilities, individuals are augmenting information in terms of different types of methodologies and strategies. These are required to be put into operation in doing well in one's job duties and generating desired outcomes. Furthermore, individuals will contribute efficiently in meeting the expectations of family members. Hence, due to changes, individuals will be able to overcome all types of setbacks. Therefore, coping with various types of dilemmas and challenging situations in an adequate manner is an eminent advantage of changes taking place within family system.

H. Leading to Up-gradation of Competencies and Abilities

As a consequence of changes taking place within family system, the individuals are augmenting information in terms of different types of competencies and abilities. These are, management, administration, controlling, planning, organizing, directing, leading, negotiating, emotional intelligence, systems thinking, possessing the abilities to work under stress, putting in efforts to one's best abilities, providing solutions to various types of problems and challenging situations and carrying out tasks and activities in a well-ordered manner. The family members are the ones, who enable the individuals to put emphasis in leading to up-gradation of different types of competencies and abilities. In other words, they lead to up-gradation of motivation levels among individuals. When changes take place due to various factors, family members are contributing efficiently in doing well in their job duties and generating desired outcomes. In this manner, one is making use of competencies and abilities in a satisfactory manner.

One of the important aspects is, competencies and abilities are utilized in implementation of various job duties in an efficacious manner. Therefore, leading to up-gradation of competencies and abilities is an expedient advantage of changes taking place within family system.

I. Promoting Enhancement of overall Standards of Living

Promoting enhancement of overall standards of living is the primary objective of individuals. One of the important aspects that needs to be taken into account is, individuals are required to form cordial and amiable terms and relationships with family and community members. Furthermore, they need to inculcate the traits of diligence, resourcefulness and conscientiousness. As a consequence of changes taking place within family system, the individuals are augmenting information in terms of different types of methodologies and procedures, which are facilitating in carrying out different tasks and activities satisfactorily. Through honing communication skills and interactive abilities with family members, individuals are augmenting information in terms of different types of methodologies and strategies. These are required to be put into operation in doing well in one's job duties and generating desired outcomes. Furthermore, individuals will contribute efficiently in meeting the expectations of family members. Hence, due to changes, individuals will be able to overcome all types of setbacks in a successful manner. Furthermore, these will be prevented from giving rise to impediments within the course of generating desired outcomes. Therefore, promoting enhancement of overall standards of living is a meaningful advantage of changes taking place within family system.

IV. CONCLUSION

In all communities throughout the country, changes are taking place in family system. Factors that are influencing changes that are taking place in the family system are, disintegration of joint family into nuclear family, factory employment, changes in the viewpoints, modernization and globalization, utilization of technologies, improvements in communication processes, personality development, changes in marriage systems, legislative measures and enhancement of career prospects. Advantages of changes taking place within family system are, reinforcement of cordiality and amiability in terms and relationships; leading to up-gradation of motivation and concentration levels; coping with various types of dilemmas and challenging situations in an adequate manner; leading to up-gradation of competencies and abilities and promoting enhancement of overall standards of living. Finally, it can be stated, changes in family system are advantageous as well as disadvantageous to individuals.

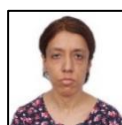
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